REMARKS BY SENATOR HUBERT H. HUMPHREY PHARMACEUTICAL DISTRIBUTORS INTERNATIONAL ANNUAL CONVENTION Las Vegas, Nevada March 25, 1974 my discipline.

It is a great honor to be able to appear before such a distinguished group, a group that I can truly address as "my colleagues," because as most of you know, pharmacy is

It is precisely out of this background that I want to talk to you about the health issues that are so important to the people of this country today. There are few other subjects which so universally affect mankind.

NATIONAL HEALTH INSURANCE

There is an urgent need today to assure all our citizens immediate access to good health care at the lowest possible cost. I am sure that this is the goal of the Pharmaceutical Distributors International as well as the rest of those skilled personnel who comprise what is commonly known as the health profession.

We must launch a national health insurance plan to give better coverage to those who are presently inadequately served by their insurance plan or health program. Such a plan must bring under its umbrella the 30 million Americans who today are not covered by any plan.

No one would argue with the statement that the pursuit of adequate health care ought not to be limited just to those who can afford it. I happen to believe that the pursuit of health is as much an inalienable right as the pursuit of happiness.

Unfortunately, over the past 20 years the cost of medical care has soared to such heights that even many of our middle income people cannot afford the full medical services they require.

In 1950, personal health care spending was \$12 billion. By fiscal 1972, the total bill was \$83.4 billion.

In 1965 -- only nine years ago -- a day in the hospital cost the average patient \$45. Today, it costs between \$105 and \$106. That's a 130 percent increase. The price of the average hospital stay has increased 160 percent during the past 10 years, from a little less than \$300 to about \$800 today.

My friends in the pharmaceutical industry, that escalating cost burden is unconscionable. It simply cannot be allowed to continue. Health care has become one of the major budget burdens of the average family in America. The need for a national health insurance plan is growing greater week by week. And, a number of major pieces of legislation to provide for a national plan have been introduced in Congress.

I feel it is my duty to tell any of you who might have doubts that Congress is going to pass a national health care plan. It is my strong hope that the legislation enacted by

Congress will deal with the problem of assuring health security in a responsible manner, meeting the problem head-on.

As with any comprehensive piece of legislation, there probably are portions which would lend themselves to technical improvements. But I am allied with those Senators who will not budge an inch from the basic commitment that every American must be treated equally in having access to quality health care; that comprehensive services must be readily available at the lowest possible cost; and that government has a direct responsibility in seeing to it that these services will be provided and these costs will be met.

But the opportunity for technical improvements in legislation opens the door for your organization to provide responsible inputs to the shape of a health care plan and to show all Americans that the pharmaceutical industry can respond to the needs of this country. This will be a challenge. But I urge you today to begin working for this total reform in the provision of health care in the United States. We do not want a patchwork job. We must get at the roots of the crisis.

The merits and weaknesses of the several health insurance legislative proposals will be studied and deliberated in depth by Congress. But I believe a majority in the Congress at this time would be opposed to the so-called "Comprehensive Health Insurance Act" proposed by the Nixon Administration. This plan would provide little change from the present Medicare program. The elderly would end up having to pay more out of their own pockets for short-term hospital stays.

MEDICAL RESEARCH MUST BE SUSTAINED

An absolutely essential component of a national policy to assure health security for all American citizens must be a sustained emphasis on biomedical research. The unparalleled benefits of medical research, in the discovery of cures for major diseases and in the development of improved medical treatment, demand that the federal government maintain and improve financial assistance in this vital area.

But the Nixon Administration has failed to make this commitment.

It is all well and good for the Administration to propose increased funding in the fiscal 1975 budget for research on cancer and on heart disease.

But the Administration has proposed this needed increase at the expense of other vital research programs, sponsored by the National Institute of Health. For example, the Administration wants to cut back the budget for the NIH Division of Research Resources by \$44 million.

In its staffing allocations, due to general budget cutbacks, the NIH has suffered an outright loss of approximately 600 permanent staff positions over the past several years. To make matters worse, the Administration has transferred more than 350 of the remaining positions from the other institutes of the NIH to staff the cancer and the heart institutes. The net result is a loss of approximately 950 staff positions from the other institutes of the NIH, a loss which has seriously impaired the ability of the NIH staff to effectively administer the programs under its direction.

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The Administration's attempts to increase resources for cancer and heart programs have resulted in total program imbalance and in major lost opportunities in other areas of bioscience. Advanced investigations into arthritis, organ transplantation, spinal cord injury, influenza and birth defects have been impaired seriously due to insufficient funding and staffing. Studies in trauma, mental retardation, glaucoma and the debilitating effects of diabetes have been impeded similarly.

However, there have been some positive achievements, despite the Administration policy.

In 1973, for example, NIH scientists working with the Mayo Clinic and the Ciba Pharmaceutical Company were successful in identifying for the first time the chemical structure of the biologically active portion of the human parathyroid gland. Their research has made it possible to synthesize the hormone's active component in order to study its role in metabolic bone diseases and to investigate its use as a potential therapeutic agent.

The NIH supports a variety of mechanisms to train young investigators in the latest and most sophisticated research methods. An adequate supply of these highly skilled research scientists — who bring new ideas into medical research — is absolutely essential for the continued improvement of the health of our citizens. The Administration has proposed serious cutbacks in these training programs — cutbacks which may well result in a critical shortage of medical research scientists in the 1980's. We in the Congress have rejected the Administration's attempts to destroy these meritorious training programs. Both the House and the Senate have passed legislation to continue these programs of research training and to continue the nation's fight against dread disease and suffering.

In addition to its meagre budget requests for most of the NIH programs, and in addition to its attempts to cut back vital research training programs, the Nixon Administration has leveled an attack against two major federal health activities. The Administration has proposed the elimination of federal support for major hospital construction, and it has proposed the phasing out of the community mental health centers program.

We in the Congress do not intend to stand idly by and let this Administration continue its course of negligent abandonment of the National Institutes of Health and other essential health programs. Legislation has been introduced in both Houses of Congress which would establish a special Presidential Biomedical Research Panel to advise both the President and the Congress of the progress and the needs of the National Institutes of Health. Only through the work of such a panel can the NIH be encouraged and supported — in a manner that you and I both want — to remain the best source of biomedical research in the world.

THE PHARMACIST AS EDUCATOR

Up until now, I have been talking about big, sophisticated undertakings by the government in the field of health care assistance. All of these programs affect the pharmaceutical industry either directly or indirectly.

But now, I would like to discuss something that has nothing to do with a government program. It would be almost impossible to put a price tag on it. But it is something that I believe can do more good for the pharmaceutical industry than a host of formal programs.

I am talking about the increasing importance of the pharmacist as a medication consultant -- an educator -- in the community.

Pharmacists are intensively educated in the composition and use of drugs and their effects on the human body. With the increasing sophistication of non-prescription drugs, it is necessary for pharmacists to take the responsibility to inform consumers of the effects and potential interaction of these drugs.

There's a new program which a sister organization of yours, the American Pharmaceutical Association, should be commended for launching. It's the effort to educate people on the use of non-prescription drugs. This program could go a long way toward cutting down on unnecessary, improper and even dangerous self-medication. The pharmacist is a health professional. He is the one who should inform his customers that certain antacids, for instance, can block the action of certain antibiotics and seriously reduce their effectiveness in fighting infection.

There are many other over-the-counter drugs which are harmless by themselves, but which shouldn't be mixed with prescription drugs. The education program is a good one, and I commend the industry for it.

THE COSTS AND QUALITY OF DRUGS

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I want to touch upon one other subject in which you have a direct interest.

I'm sure all of you know that the time is nearing when government and the pharmaceutical industry are going to have to examine the issue of generic versus brand-name drugs when they are prescribed for persons whose health care expenses are reimbursed under federal programs. You, the skilled businessmen and women who have put together an efficient distribution system of ethical drug products, will be directly affected by any policy change.

The argument that cost savings can be achieved in the use of generic drugs must be discussed honestly and forth-rightly.

It is a fact that our citizens over age 65 must spend twice as much on health care as do younger persons.

It is a fact that prescription drugs represent the largest single personal health expenditure that the aged must meet almost entirely from their own resources.

But it is also a fact that those who serve in the pharmaceutical distribution and retail system provide a variety of significant services. And these services explain, in part, the additional costs of so-called brand-name drugs.

There should be a frank discussion of the costs of these services, which include maintaining inventories of a broad range of pharmaceuticals, processing orders, and providing information on drugs to retailers.

Another issue in the generic versus brand name controversy is the question of bioavailability or bioequivalency. For example, I'm sure you all know that in a few instances it has been shown that two chemically equivalent drugs which meet all the official standards can produce quite different amounts of the drug in the blood when they are administered to a human patient.

Personally, if there is any doubt that a drug is going to perform differently in my body than one of the good tried and true types, then I'll willingly purchase the brand-name drug. However, we do need a thorough scientific analysis of this issue, prior to further Congressional deliberations.

Finally, I want to suggest to you that the energy crisis in this country may have served a good purpose. It has forced a lot of businesses to reevaluate their way of living and operating.

Belts have had to be tightened. You know, belt tightening can be good if you don't have to do it in the extreme. In the extreme, of course, it can mean you're starving to death.

Likewise, the pharmaceutical industry may find it in its own best interests to do a little belt tightening. Not to that drastic extreme that signals starvation, but simply to that notch that signals fighting trim.

We need to achieve the best possible efficiency in the pharmaceutical industry to control costs and assure that drugs continue to be available to consumers at reasonable prices.

This is one part of the vitally important task that must be undertaken by America's health care delivery system -- to provide the best possible care to all our people at the lowest possible cost.

We must end the burden of despair and anxiety borne by millions of our citizens unable to afford the price of attaining quality health care.

Remember the proberb:

"He who has health, has hope. He who has hope, has everything."

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REMARKS BY SENATOR HUBERT H. HUMPHREY

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TO YOU ABOUT THE HEALTH ISSUES THAT ARE SO IMPORTANT TO THE

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IN 1950, PERSONAL HEALTH CARE SPENDING WAS \$12 BILLION.

By Fiscal 1972, The Total Bill WAS \$83.4 BILLION.

IN 1965 -- ONLY NINE YEARS AGO -- A DAY IN THE HOSPITAL

COST THE AVERAGE PATIENT \$5. TODAY, IT COSTS BETWEEN \$105

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AVERAGE HOSPITAL STAY HAS INCREASED ** PERCENT DURING THE

PAST 10 YEARS, FROM A LITTLE LESS THAN \$300 TO ABOUT \$800

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ADMINISTRATION WANTS TO CUT BACK THE BUDGET FOR THE NIH

DIVISION OF RESEARCH RESOURCES BY \$44 MILLION.

IN ITS STAFFING ALLOCATIONS, DUE TO GENERAL BUDGET

CUTBACKS, THE NIH HAS SUFFERED AN OUTRIGHT LOSS OF APPROXIMATELY

600 PERMANENT STAFF POSITIONS OVER THE PAST SEVERAL YEARS.

TO MAKE MATTERS WORSE, THE ADMINISTRATION HAS MORE THAN 350 OF THE REMAINING POSITIONS FROM THE OTHER INSTITUTES OF THE NIH TO STAFF THE CANCER AND THE HEART INSTITUTES. THE NET RESULT IS A LOSS OF APPROXIMATELY 950 STAFF POSITIONS FROM THE OTHER INSTITUTES OF THE NIH, A LOSS WHICH HAS SERIOUSLY IMPAIRED THE ABILITY OF THE NIH STATE TO EFFECTIVELY ADMINISTER THE PROGRAMS UNDER ITS DIRECTION. THE ADMINISTRATION'S ATTEMPTS TO INCREASE RESOURCES FOR CANCER AND HEART PROGRAMS HAVE RESULTED IN TOTAL PROGRAM IMBALANCE AND IN MAJOR LOST OPPORTUNITIES IN OTHER AREAS OF Fleast research need less - In the contrarythey need more - of

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THEIR RESEARCH HAS MADE IT POSSIBLE TO SYNTHESIZE THE

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ASSISTANCE. ALL OF THESE PROGRAMS AFFECT THE PHARMACEUTICAL INDUSTRY EITHER DIRECTLY OR INDIRECTLY.

BUT NOW, I WOULD LIKE TO DISCUSS SOMETHING THAT HAS

NOTHING TO DO WITH A GOVERNMENT PROGRAM IT WOULD BE ALMOST

IMPOSSIBLE TO PUT A PRICE TAG ON IT.

BUT IT IS SOMETHING THAT I BELIEVE CAN DO MORE GOOD FOR THE PHARMACEUTICAL INDUSTRY THAN A HOST OF FORMAL PROGRAMS.

I AM TALKING ABOUT THE INCREASING IMPORTANCE OF THE

PHARMACIST AS A MEDICATION CONSULTANT -- AN EDUCATOR -- IN

THE COMMUNITY.

PHARMACISTS ARE INTENSIVELY EDUCATED IN THE COMPOSITION

AND USE OF DRUGS AND THEIR EFFECTS ON THE HUMAN BODY WITH

THE INCREASING SOPHISTICATION OF NON-PRESCRIPTION DRUGS

IT IS NECESSARY FOR PHARMACISTS TO TAKE THE RESPONSIBILITY

TO INFORM CONSUMERS OF THE EFFECTS AND POTENTIAL INTERACTION

OF THESE DRUGS.

THERE'S A NEW PROGRAM WHICH A SISTER ORGANIZATION OF YOURS, THE AMERICAN PHARMACEUTICAL ASSOCIATION, SHOULD BE COMMENDED FOR LAUNCHING. IT'S THE EFFORT TO EDUCATE PEOPLE ON THE USE OF NON-PRESCRIPTION DRUGS THIS PROGRAM COULD GO A LONG WAY TOWARD CUTTING DOWN ON UNNECESSARY, IMPROPER AND EVEN DANGEROUS SELF-MEDICATION. THE PHARMACIST IS A HEALTH PROFESSIONAL HE IS THE ONE WHO SHOULD INFORM HIS CUSTOMERS THAT CERTAIN ANTACIDS, FOR INSTANCE, CAN BLOCK THE ACTION OF CERTAIN ANTIBIOTICS AND SERIOUSLY REDUCE THEIR EFFECTIVENESS IN FIGHTING INFECTION.

THERE ARE MANY OTHER OVER-THE-COUNTER DRUGS WHICH ARE HARMLESS BY THEMSELVES, BUT WHICH SHOULDN'T BE MIXED WITH PRESCRIPTION DRUGS. THE EDUCATION PROGRAM IS A GOOD ONE, AND I COMMEND THE INDUSTRY FOR IT.

THE COSTS AND QUALITY OF DRUGS

I WANT TO TOUCH UPON ONE OTHER SUBJECT IN WHICH YOU HAVE A DIRECT INTEREST.

I'M SURE ALL OF YOU KNOW THAT THE TIME IS NEARING WHEN

GOVERNMENT AND THE PHARMACEUTICAL INDUSTRY ARE GOING TO HAVE

TO EXAMINE THE ISSUE OF GENERIC VERSUS BRAND-NAME DRUGS

WHEN THEY ARE PRESCRIBED FOR PERSONS WHOSE HEALTH CARE

EXPENSES ARE REIMBURSED UNDER FEDERAL PROGRAMS.

YOU, THE SKILLED BUSINESSMEN AND WOMEN WHO HAVE PUT TOGETHER

AN EFFICIENT DISTRIBUTION SYSTEM OF ETHICAL DRUG PRODUCTS,

WILL BE DIRECTLY AFFECTED BY ANY POLICY CHANGE

THE ARGUMENT THAT COST SAVINGS CAN BE ACHIEVED IN THE

USE OF GENERIC DRUGS MUST BE DISCUSSED HONESTLY AND FORTH-

But IT IS A FACT THAT OUR CITIZENS OVER AGE 65 MUST SPEND

TWICE AS MUCH ON HEALTH CARE AS DO YOUNGER PERSONS.

IT IS A FACT THAT PRESCRIPTION DRUGS REPRESENT THE LARGEST

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BUT IT IS ALSO A FACT THAT THOSE WHO SERVE IN THE

PHARMACEUTICAL DISTRIBUTION AND RETAIL SYSTEM PROVIDE A

VARIETY OF SIGNIFICANT SERVICES. AND THESE SERVICES EXPLAIN,

IN PART, THE ADDITIONAL COSTS OF SO-CALLED BRAND-NAME DRUGS.

THERE SHOULD BE A FRANK DISCUSSION OF THE COSTS OF THESE

SERVICES, WHICH INCLUDE MAINTAINING INVENTORIES OF A BROAD

RANGE OF PHARMACEUTICALS, PROCESSING ORDERS, AND PROVIDING

INFORMATION ON DRUGS TO RETAILERS.

ANOTHER ISSUE IN THE GENERIC VERSUS BRAND NAME CONTROVERSY

IS THE QUESTION OF BIOAVAILABILITY OR BIOEQUAVALENCY.

HAS BEEN SHOWN THAT TWO CHEMICALLY EQUIVALENT DRUGS WHICH

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AMOUNTS OF THE DRUG IN THE BLOOD WHEN THEY ARE ADMINISTERED

TO A HUMAN PATIENT.

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PERFORM DIFFERENTLY THAN ONE OF THE GOOD TRIVED AND

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However, WE DO NEED A THOROUGH SCIENTIFIC ANALYSIS OF THIS

ISSUE, PRIOR TO FURTHER CONGRESSIONAL DELIBERATIONS.

FINALLY, I WANT TO SUGGEST TO YOU THAT THE ENERGY CRISIS

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WE NEED TO ACHIEVE THE BEST POSSIBLE EFFICIENCY IN THE

PHARMACEUTICAL INDUSTRY TO CONTROL COSTS AND ASSURE THAT

DRUGS CONTINUE TO BE AVAILABLE TO CONSUMERS AT REASONABLE

PRICES.

THIS IS ONE PART OF THE VITALLY IMPORTANT TASK THAT MUST

BE UNDERTAKEN BY AMERICA'S HEALTH CARE DELIVERY SYSTEM --

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TO PROVIDE THE BEST POSSIBLE CARE TO ALL OUR PEOPLS



WE MUST END THE BURDEN OF DESPAIR AND ANXIETY BORNE BY

MILLIONS OF OUR CITIZENS UNABLE TO AFFORD THE PRICE OF

ATTAINING QUALITY HEALTH CARE.

REMEMBER THE PROVERB:

"He who has health, has hope.
He who has hope, has everything."

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